



SAQ
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PRIMARY SCHOOL PHYSICAL ACTIVITY AND SPORT



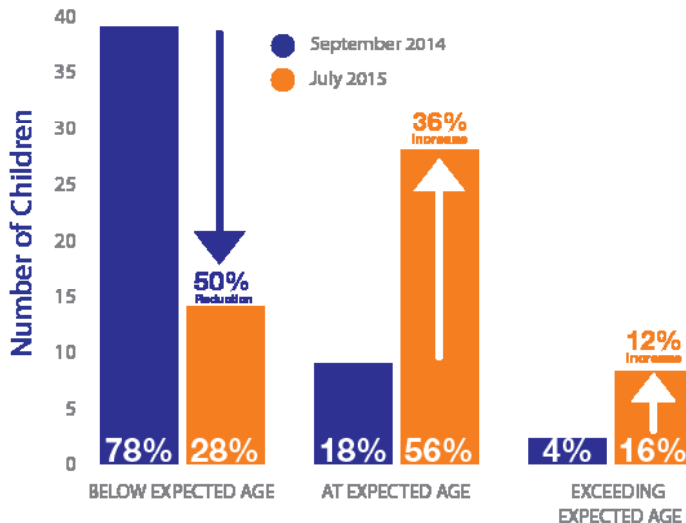
SAQ HAS BEEN THE LEADING PHYSICAL ACTIVITY, MOVEMENT AND SPORT PROGRAMME FOR OVER 20 YEARS

Our goal is simple: the more physically active our children are and the more we engage them in positive experiences then this will lead to our children thinking more about their wellbeing, health and help them improve their learning skills.

Our mission statement: to encourage and educate children to the benefits of movement, physical activity and sport thus to empower each and every one with the knowledge and skills required to make sensible lifestyle choices that will impact on their health, wellbeing and learning in the future.

SAQ Fundamental Movement is the only movement programme with proven, evidence based research with over 2,000 children, 14 schools and over 2 years having participated in a physical evaluation research project funded by Public Health from 2014-2016.

Actual Moving & Handling Outcomes



We provide EYFS, KS1 and KS2 latest physical activity tracking system, whole school intervention, assessments, resources, equipment also academic/behaviour development and gives clear data and outcomes Ofsted want to see. We also provide year 5 & year 6's Sports Leader training and staff training.

SAQ IS THE ONLY PROGRAMME SUPPORTED BY EVIDENCE BASED RESEARCH

We make integrating movement, physical activity and sport into your school programmes fun, functional and easy!



Research has proven that physical activity and movement in the first few months and early years in a child's life helps develop the brain. This wiring up process requires 5 movement patterns. This course prepares teachers and assistants with the knowledge and resources to dramatically improve children's movement patterns.

This course is most suitable for primary schools as we all have children in our schools that don't move well or seem clumsy and uncoordinated. The FM interactive course provides skills, drills and programmes to improve all children's movement patterns, leading to improved behaviour, wellbeing and confidence.



A practical course providing the transition from fundamental movement to performance sports movement. It provides a whole range of skills, drills and programmes to implement to improve pupils' sporting abilities including acceleration, eye hand coordination, catching and passing. This impacts on pupil's confidence, behaviour and wellbeing.

Aimed at helping staff to develop fundamental movement and exercise in students with special educational needs such as Cerebral Palsy, ADHD, Autism, Downs Syndrome and Hemiplegia. The course is inclusive, provides a whole range of drills, exercises and programmes that can be used on a daily basis with students.



PAT PUPIL ACTIVITY TRACKING SYSTEM



What is the Pupil Activity Tracker (PAT)?

PAT is a system which allows teachers, parents and children access to data about levels of activity on a whole school, class and even an individual level.

PAT enables school staff to pin down levels of activity, knowing when, where and for how long each activity takes place.

How does it work?

PAT is a simple wristband device, worn by each individual child. The wristband tracks the activity of the child and holds this data in a cloud-based system, accessible to teachers, parents and the children themselves. The wristbands are recharged at the school in a hard case of 30 units.

Is it safe?

Data protection and security are of the utmost importance for PAT. All data is secured and confidential to the school, individual and parents through different levels of access.

Where do I find out more?

For more information and pricing please contact Alan Pearson at SAQ International Ltd:

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