

Leicester LA

Tuesday 10th October 2017

www.schoolwellbeing.co.uk

www.healthyschools.org.uk

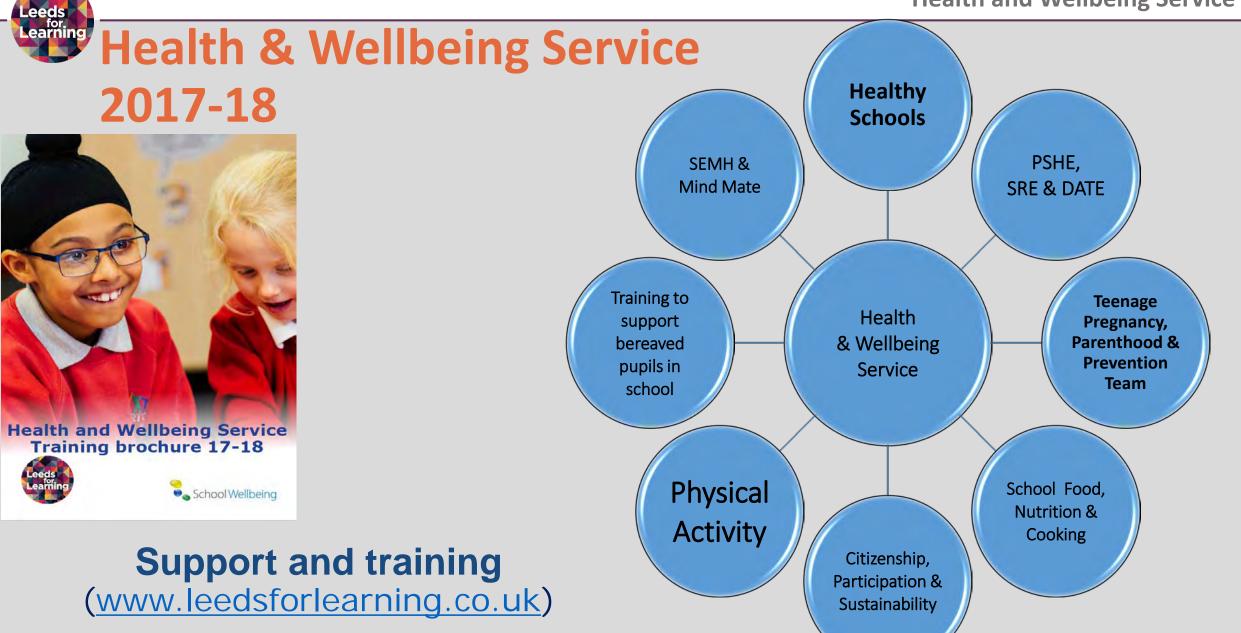
www.myhealthmyschoolsurvey.org.uk







www.leedsforlearning.co.uk



www.leedsforlearning.co.uk



Online Support:

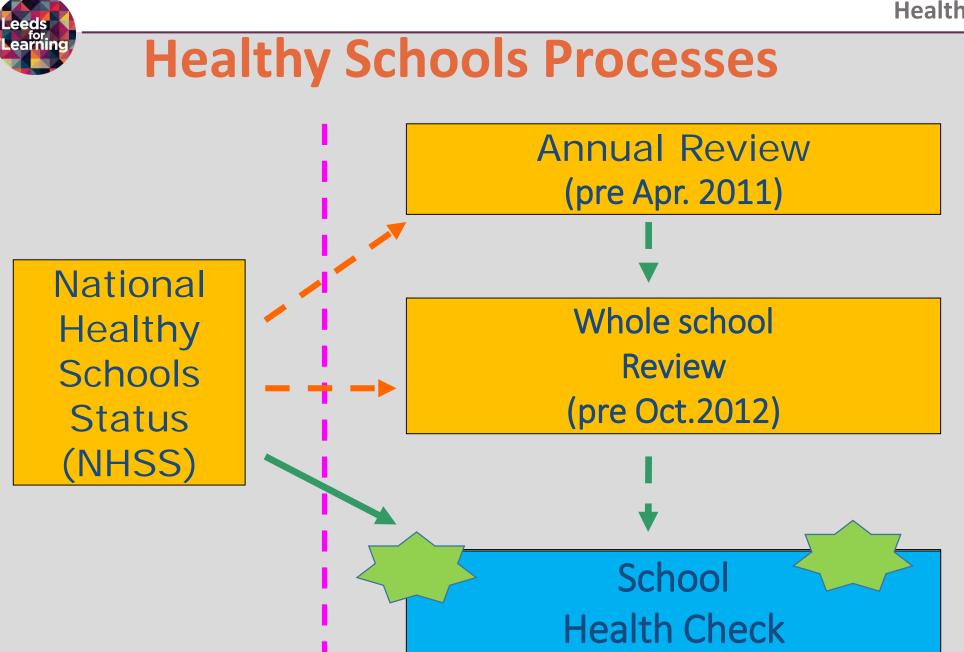
Both the basic and full packages come with access to our websites: www.schoolwellbeing.co.uk and www.healthyschools.org.uk. Our team also facilitates the online school survey www.myhealthmyschoolsurvey.org.uk which is free to all schools in Leeds.



Support, CPD & Direct Delivery Healthy Schools Tools

My Health, My School Survey









School Health Check

An online audit tool to maintain Healthy School Status
Supports schools to identify and celebrate strengths and next steps
Helps schools to understand the links between health and wellbeing and Ofsted
A whole school approach to develop an ethos and environment that supports learning and promotes the health and wellbeing
Enables a school to self evaluate health and wellbeing across all 4 themes of Healthy Schools using Ofsted and Ofsted style grade descriptors:

Personal, Social, Health and Economic (PSHE) Education
Healthy Eating
Physical Activity
Social Emotional and Mental Health (SEMH)

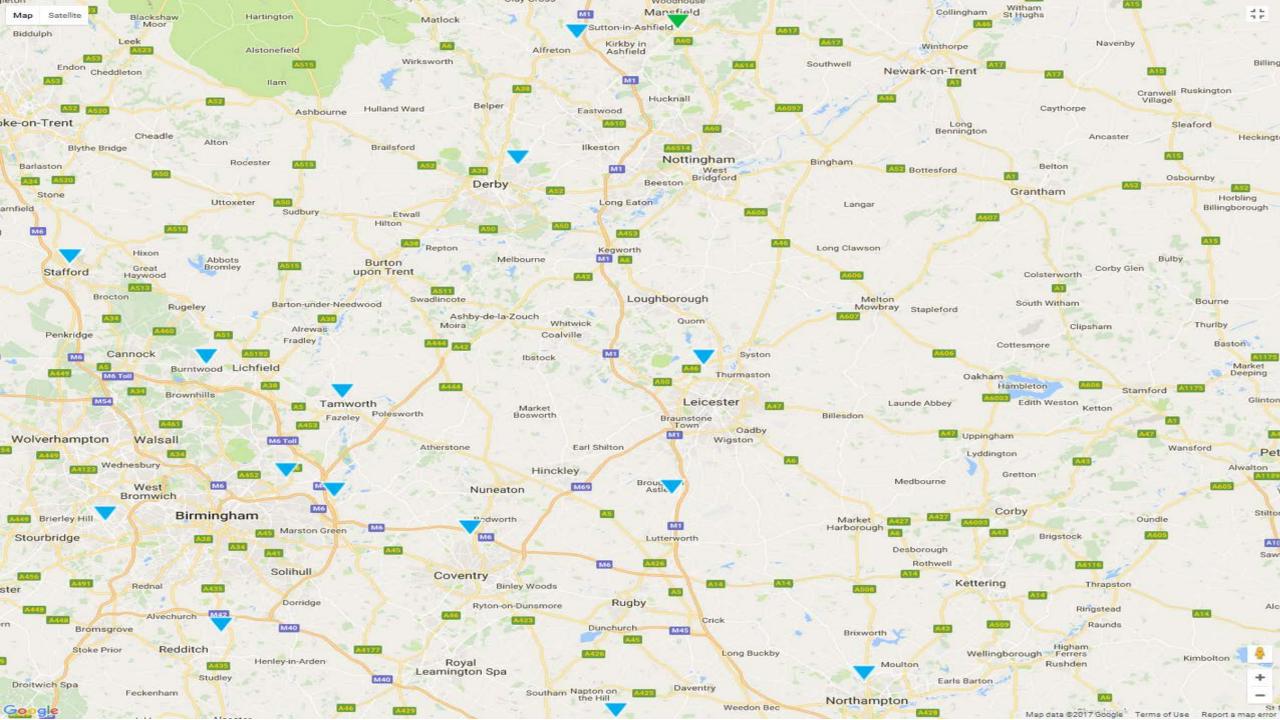




Summary Page **1.Leadership 2.Policy 3.Curriculum** 4. Teaching & Learning 5.Assessment **6.Pupil Voice 7.Support Services 8.Professional Development 9.**Partnerships **10.School Ethos**









FAQ

New to site

HealthySchools	HealthySchools
HOME ABOUTUS FAQ RESOURCES CASE STUDIES CONTACT US HEALTH CHECK 🔅 LOG OUT	HOME ABOUT US FAQ RESOURCES CASE STUDIES CONTACT US HEALTH CHECK Cold DUT New to site? Overview My Documents Next Steps Targets PSHE Healthy Eating Physical Activity SEMH Summary Submit
Frequently Asked Questions	New to site
V What is a Healthy School?	Welcome to the new (November 2016) Healthy Schools (School Health Check) self-review tool. This self-review tool will help establish a baseline audit for the four health themes of Healthy Schools; Personal, Social and Health
V What is the School Health Check?	Education (PSHE), Healthy Eating, Physical Activity and Social, Emotional and Mental Health (SEMH). This will enable the school to develop a plan to strengthen and build on current delivery of these four key health themes. The School Health Check should be completed by a suitably knowledgeable member or team of staff for each theme.
V What does Healthy School Status require?	The tool incorporates all the latest guidance from Ofsted, NICE, The School Food Plan etc. and therefore it helps schools to understand the links between health and wellbeing and Ofsted. It also provides excellent evidence for the new Ofsted Framework from September 2015, which is putting a greater emphasis on a whole school approach to pupil wellbeing, personal development,
V Who should complete the School Health Check?	safeguarding and the preventative curriculum
How long is Healthy Schools Status valid for?	Let's get started with this simple 'how to' guide. 1. Registration.
How much does it cost?	Once you have registered for the Healthy Schools website on the home page; you'll need the school's URN (unique reference number) you will automatically be given access to the website (you will receive two emails to confirm this). You will not be able to see the four health theme
V What setting is the award for?	strands until you have been granted access to these by the Health & Wellbeing Service, which should be within five working days. When you have been granted access to these you will receive a confirmation email.
	2. Healthy Schools Website.
Vill I have to put a portfolio of evidence together?	Once you have been granted a health theme, please log back into the website. Every time you log into the site, you will automatically be taken

to the 'overview' page.



Overview Page

PSHE			Next Steps	Targets		
	Healthy Eating	Physical Activity	SEMH	Summary	Submit	
	eck Overv alth Chec					
	rted 2016	Self Val	idation Accepted		Externally Assessed	
ubmissio	n Dates					
PSHE		Healthy Eating	Physica	al Activity	SEMH	-
Not Submitte	d	Not Submitted	Not Su	bmitted	Not Submitte	d
	d			NGRADED	Not Submitte	d
SHE		Over	all Grade UN	NGRADED	Not Submitte % Complete	d
		Over	all Grade UN	NGRADED	% Complete	d

New to site?	Overview	My Documents	Next Steps	Targets		
PSHE	Healthy Eating	Physical Activity	SEMH	Summary	Submit	

School Health Check Status

Started	Self Validation Accepted	Externally Assessed
03.08.2015	N/A	N/A

Submission Dates

PSHE	Healthy Eating	Physical Activity	SEMH	
15-11-2016	15-11-2016	15-11-2016	15-11-2016	





Inadequate

PSHE has a low profile

in whole school

and is rarely considered

priorities or initiatives.

Leaders and governors

are not aware of the

quality of PSHE in the

PSHE is not adequately

resourced in terms of

curriculum time, staff

training, staffing,

management time, budget and resources.

There is no clear

provision.

leadership of PSHE

There is a lack of

practice in PSHE.

recent years.

awareness of current

developments and best

The subject leader has

not received training on

any aspects of PSHE in

There is no clear PSHE

action plan in place.

Subject reviews, self-

improvement planning

are not established.

evaluation and

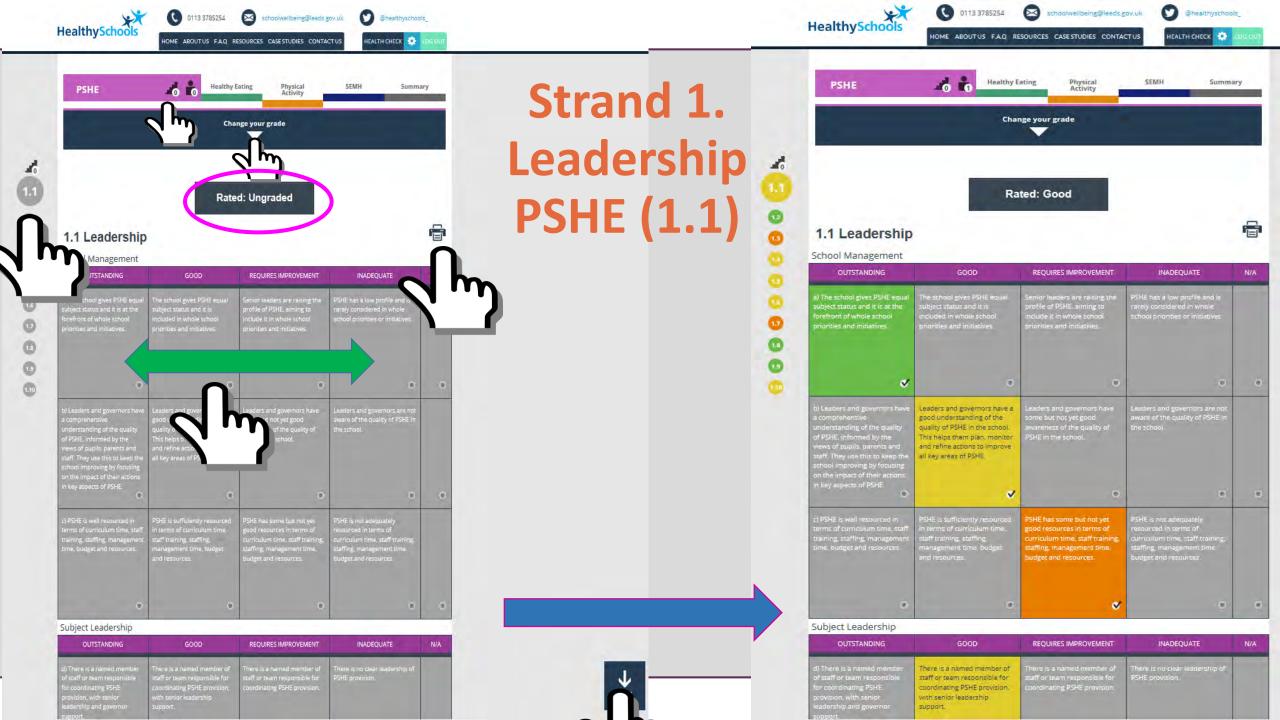
school.

N/A

			<u>ealth Check</u> SHE				<u>School Healt</u> PSHE	
1.1	Leadership			-		1.1 Leadership		
	Outstanding	Good	Requires Improvement	Inadequate	N/A	Outstanding	Good	Requires
	bol Management ne school gives PSHE equal	The school gives PSHE equal	Senior leaders are raising the	PSHE has a low profile and is				Improvement
	bject status and it is at the	subject status and it is	profile of PSHE, aiming to	rarely considered in whole	ľ	School Management		
	refront of whole school	included in whole school	include it in whole school	school priorities or		A The school gives PSHE equal	The school gives PSHE equal	Senior leaders are raising
	iorities and initiatives. aders and governors have a	priorities and initiatives. Leaders and governors have a	priorities and initiatives. Leaders and governors have	initiatives. Leaders and governors are		subject status and it is at the forefront of whole school prioritie	subject status and it is included in whole school	the profile of PSHE, aimin to include it in whole
c	mprehensive understanding of	good understanding of the	some but not yet good	not aware of the quality of		and initiatives.	priorities and initiatives.	school priorities and
	e quality of PSHE, informed by e views of pupils, parents and	quality of PSHE in the school. This helps them plan, monitor	awareness of the quality of PSHE in the school.	PSHE in the school.				initiatives.
	aff. They use this to keep the	and refine actions to improve	PSHE IN the school.			B Leaders and governors have a	Leaders and governors have	Leaders and governors
so	hool improving by focusing on	all key areas of PSHE.				comprehensive understanding of the quality of PSHE, informed by	a good understanding of the quality of PSHE in the school.	have some but not yet good awareness of the
	e impact of their actions in key pects of PSHE.					the views of pupils, parents and	This helps them plan,	quality of PSHE in the
		PSHE is sufficiently resourced	PSHE has some but not yet	PSHE is not adequately	+	staff. They use this to keep the	monitor and refine actions	school.
of	curriculum time, staff training,	in terms of curriculum time,	good resources in terms of	resourced in terms of		school improving by focusing on	to improve all key areas of	
	affing, management time, udget and resources.	staff training, staffing, management time, budget	curriculum time, staff training, staffing, management time,	curriculum time, staff training, staffing,		the impact of their actions in key aspects of PSHE.	PSHE.	
0	luger and resources.	and resources.	budget and resources.	management time, budget			PSHE is sufficiently	PSHE has some but not ye
Ĺ				and resources.		curriculum time, staff training,	resourced in terms of	good resources in terms of
	ct Leadership	where the same it is it.	-	The second se		C P5HE is well resourced in terms of curriculum time, staff training, staffing, management time, budget and resources.	curriculum time, staff	curriculum time, staff
	nere is a named member of aff or team responsible for	There is a named member of staff or team responsible for	There is a named member of staff or team responsible for	There is a named member of staff or team responsible		budget and resources.	training, staffing, management time, budget	training, staffing, management time, budge
	ordinating PSHE provision,	coordinating PSHE provision,	coordinating PSHE provision,	for coordinating PSHE			and resources.	and resources.
	ith senior leadership and	with senior leadership and	with senior leadership and	provision, with senior		Subject Leadership		
9	overnor support.	governor support.	governor support.	leadership and governor support.		D There is a named member of staff	There is a named member of	There is a named member
	ne subject leader has a high	The subject leader has a high	The subject leader has a high	The subject leader has a	+	or team responsible for	staff or team responsible for	of staff or team responsible
	vel of expertise and specialist	level of expertise and	level of expertise and specialist	high level of expertise and		coordinating PSHE provision, with	coordinating PSHE provision,	for coordinating PSHE
	nowledge of PSHE which is corporated into the PSHE	specialist knowledge of PSHE which is incorporated into the	knowledge of PSHE which is incorporated into the PSHE	specialist knowledge of PSHE which is incorporated		senior leadership and governor support.	with senior leadership support.	provision.
	vision and vision for its	PSHE provision and vision for	provision and vision for its	into the PSHE provision and		E The subject leader has a high leve	The subject leader is well-	The subject leader is awar
t	ure in the school.	its future in the school.	future in the school.	vision for its future in the		of expertise and specialist	informed about the	of current developments i
a	ne subject leader has had	The subject leader has had	The subject leader has had	school. The subject leader has had	<u> </u>	Rowledge of PSHE which is	characteristics of best	PSHE but these are not ye
	cent training on aspects of	recent training on aspects of	recent training on aspects of	recent training on aspects of		ship ship	practice in PSHE and incorporates these into PSHE	incorporated into PSHE provision.
P3	HE, within the last year, and	PSHE, within the last year,	PSHE, within the last year, and	PSHE, within the last year,		provision and vision for its future in the school.	provision.	provision.
	as utilised and disseminated is training to relevant staff.	and has utilised and disseminated this training to	has utilised and disseminated this training to relevant staff.	and has utilised and disseminated this training to		F The subject leader has had recent		The subject leader has ha
a	is a arring to relevant start.	relevant staff.	and draining to relevant staff.	relevant staff.		training on aspects of PSHE, within	recent training on aspects of	training on aspects of
łE	Management					the last year, and has utilised and	PSHE, within the last two	PSHE, within the last three
	PSHE action plan is in place,	A PSHE action plan is in place,	A PSHE action plan is in place,	A PSHE action plan is in		disseminated this training to relevant staff.	years, and has utilised it.	years.
	gularly reviewed, updated and ared. It is highly effective and	regularly reviewed, updated and shared. It is highly	regularly reviewed, updated and shared. It is highly	place, regularly reviewed, updated and shared. It is		PSHE Management		
	is clear, measurable success	effective and has clear,	effective and has clear,	highly effective and has		G A PSHE action plan is in place,	A PSHE action plan is in	A PSHE action plan is in
cr	iteria.	measurable success criteria.	measurable success criteria.	clear, measurable success		regularly reviewed, updated and	place, reviewed, updated	place.
b)	Subject reviews, self-	h) Subject reviews, self-	h) Subject reviews, self-	criteria. h) Subject reviews, self-	+	shared. It is highly effective and	and shared. It is effective	
	valuation and improvement	evaluation and improvement	evaluation and improvement	evaluation and		has clear, measurable success criteria.	and has measurable success criteria.	
pl	anning are focused on raising	planning are focused on	planning are focused on raising	improvement planning are		H Subject reviews, self-evaluation	Subject reviews, self-	Subject reviews, self-
	andards and improving PSHE ovision. They are well	raising standards and improving PSHE provision.	standards and improving PSHE provision. They are well	focused on raising standards and improving PSHE		and improvement planning are	evaluation and improvement	evaluation and
	formed by current best	They are well informed by	informed by current best	provision. They are well		focused on raising standards and	planning are in line with	improvement planning ar
p	actice in education and PSHE.	current best practice in	practice in education and	informed by current best		improving PSHE provision. They are well informed by current best	current best practice in education and PSHE.	emerging, influenced by current best practice in
		education and PSHE.	PSHE.	practice in education and PSHE.		practice in education and PSHE.		education or PSHE.
			I					
0	verall Grade	Outstanding				Overall Grade	Outstanding	
		Good					Good	
		Requires Improvement Inadequate					Requires Improvement	
							Inadeguate	







OUTSTANDING	GOOD	INADEQUATE	N/A	
f) The subject leader has had recent training on aspects of PSHE, within the last year, and has utilised and disseminated this training to relevant staff.	The subject leader has had recent training on aspects of PSHE, within the last two years, and has utilised it.	The subject leader has had training on aspects of PSHE, within the last three years.	The subject leader has not received training on any aspects of PSHE in recent years.	
0	v		0	

PSHE Management

OUTSTANDING	GOOD	REQUIRES IMPROVEMENT	INADEQUATE	N/A
g) A PSHE action plan is in place, regularly reviewed, updated and shared. It is highly effective and has clear, measurable success criteria.	A PSHE action plan is in place, reviewed, updated and shared. It is effective and has measurable success criteria.	A PSHE action plan is in place.	There is no clear PSHE action plan in place	
•	o	•		v
n) Subject reviews, self- evaluation and improvement. blanning are focused on raising standards and improving PSHE provision. They are well informed by current best practice in education and PSHE	Subject reviews, self- evaluation and improvement planning are in line with current best practice in education and PSHE.	Subject reviews, self- evaluation and improvement planning are emerging, influenced by current best practice in education or PSHE.	Subject reviews, self- evaluation and improvement planning are not established.	
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Health and Wellbeing Service

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A Back to the top

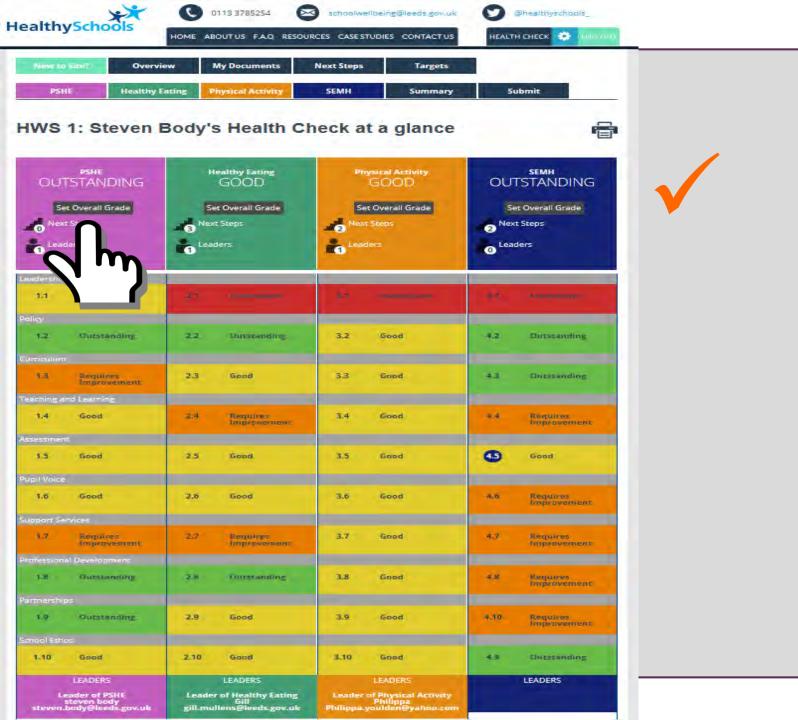
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To the bottom

Strand 1.1 Grading a strand

Best Fit!

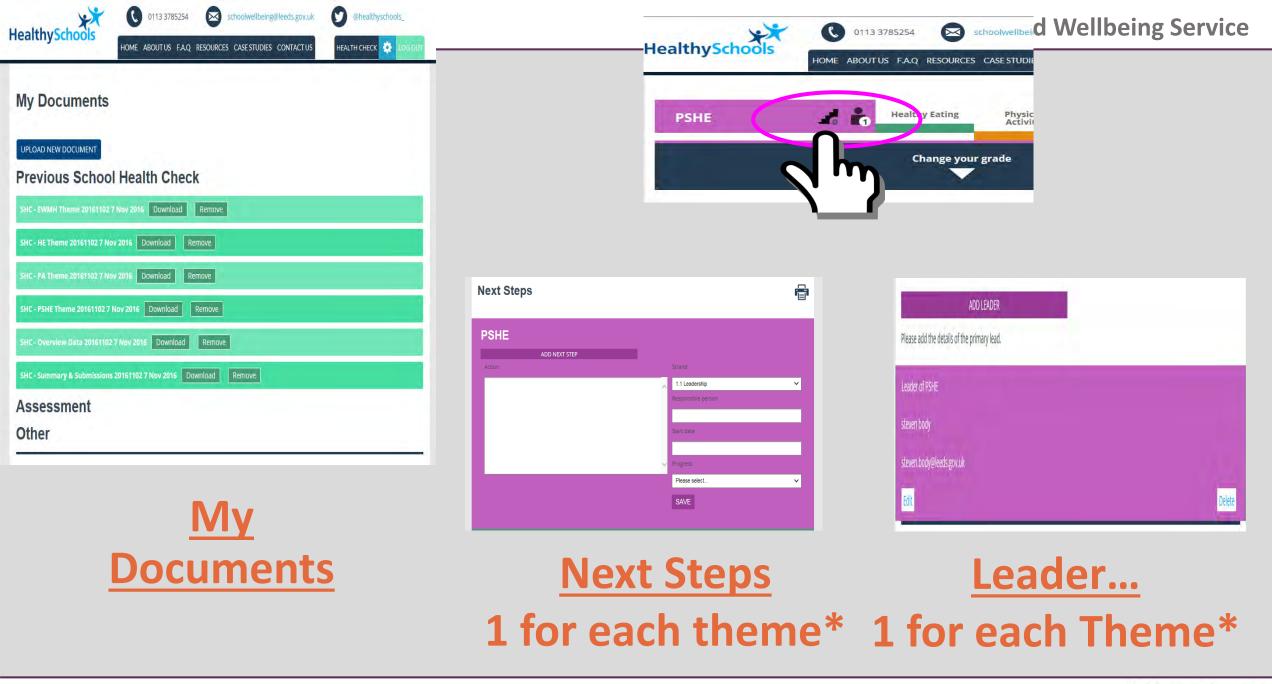




Summary Page

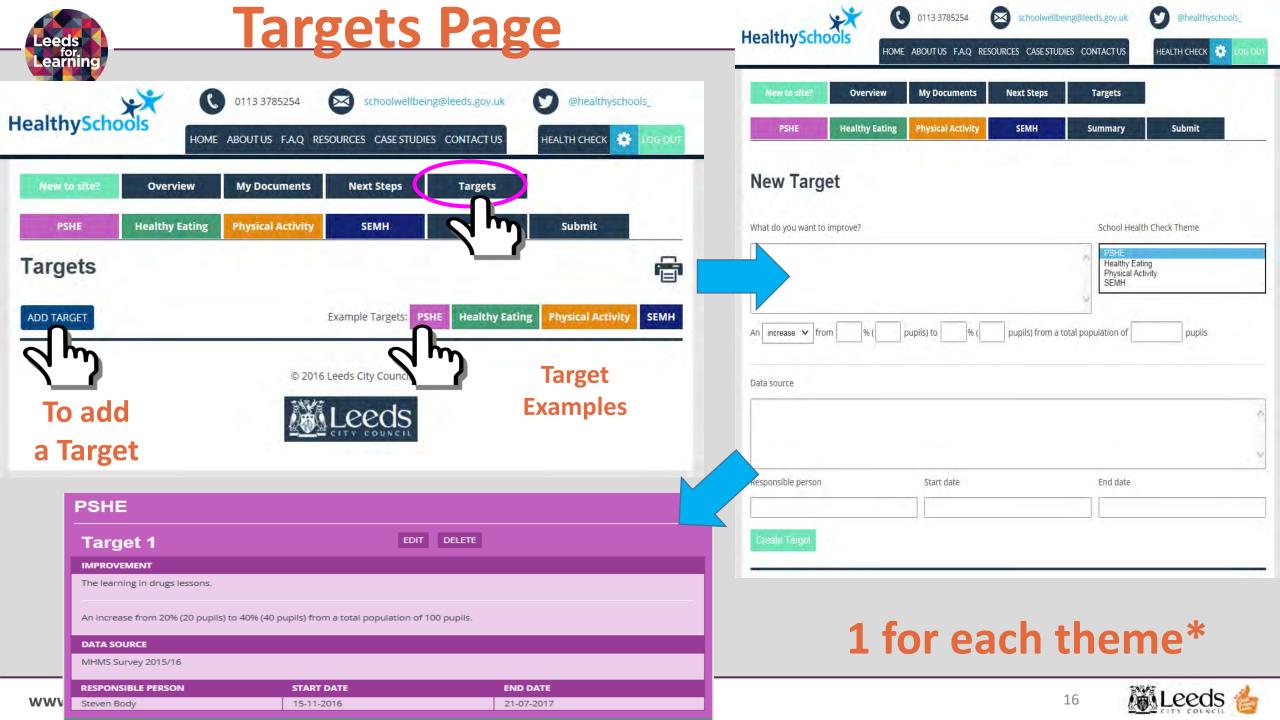












Submit Page...

I'm ready to submit ...



HealthySchools		3785254	-	UDIES CONTACT US	@healthyschools_
New to site? Overvi		Documents	Next Steps SEMH	Targets Summary	Submit
School Health C	heck Su	ubmissior	1		- F
Submit Health C Healthy Eating	PF ysical A	ctivity 🔲	5 мн		
Submission Date	Healt	hy Eating		ysical Activity	SEMH Not Submitted
	NOUS				Not Submitted
PSHE		Overall Gr	ade	OUTSTANDING	100% Complete
Outstanding: 3	Good: 5	Requires Impro	vement 2	lnadequate: 0	Ungraded: D
Next Steps		Ca Targets			Leaders
Healthy Eating		Overa ^a Gr	ade	GOOD	
Outstanding 3	Good: 5	Faquiles Impro	vement, 2	inapequate: (1	100% Complete Uneradeo: 0
Next Steps		Targets			Leaders
Physical Activity	y.	Overall Gr	ade	GOOD	
					100% Complete
Outstanding: 0	Good: 10	Requires Impro	wement 0	inadequate: 0	Ungraded: 0
2 Next Steps		C Targets		ii a	Leaders
SEMH		Overall Gr	ade	OUTSTANDING	
					100% Complete
Outstanding: 3	Good: 2	Requires Impro	wement: 5	Inadequate: 0	Ungraded: 0
2 Next Steps		1 Targets		2	Leaders

Steps to Achieving HSS

- 1. Register on <u>www.healthyschools.org.uk</u>
- 2. Gain access and self-review all four health themes
- 3. Determine overall grade for each strand and theme
- 4. Add leader contact details
- 5. Include targets for all four themes
- 6. Submit all four themes for Quality Assurance
- 7. Receive congratulatory email, certificate and logo

	**
SchoolHea	alth d
1	
has successfully self-valid Healthy Schools Status using the	
Signed	Valid: September 2017-2020
(Sava Monsaz-Joiwe, Service Least, Health & Hericeing Services	
ealthySchodis	School Wellberg

Pricing Annual subscription: £250+VAT Full Day Training (Leeds): £199 Half Day Training (Leeds): £99





Steven Body: PSHE & Healthy Schools Consultant Leeds City Council

steven.body@leeds.gov.uk

www.schoolwellbeing.co.uk

www.healthyschools.org.uk

www.myhealthmyschoolsurvey.org.uk







www.leedsforlearning.co.uk