Leicester City SEMH Virtual Training



	Workshops	Time-to-Talk	Training
Outline	Facilitated discussion around a given stimulus for up to 6 participants. 45mins	Short training and discussion for up to 6 participants. 1hr	Training sessions for larger staff groups. 2hrs +
Cost	Free (LA schools and gold package academies) £60 (Academies)	£60	£150 - £450
Subjects and suggested participants	 Being Emotionally Available to Others (TAs) Self-Care Whilst Looking After Others (all staff) Nurture Groups & Covid-19 (Nurture group staff) Goodbye Matters (TAs) Windows of Tolerance (all staff) The Power of Connections (TAs) S Ways to Help Children Heal (SLT, teachers) P.A.C.E. Approach - Dan Hughes (all staff) Bespoke workshops on request 	 How to Regulate Ourselves & Others (all staff) Transition (teachers) Recovery Curriculum: Where do we go now? (SLT, teachers) Using Lego to Share Emotions (TAs) Mindfulness (all staff) Bespoke SEMH Time-to- Talks sessions are also available, speak to your SEMH link teacher. 	<text></text>

Sessions will take place using Microsoft Teams and will be facilitated by at least 2 members of the SEMH team. For more information and to arrange training, please contact your SEMH link teacher.