

Ages 3-11/12 PSHE
Health & Wellbeing

Jan Lever Group



Ages
3-11/12

Jigsaw!

The mindful approach to PSHE

FREE

- Updates
- Mentor support
- Training materials

- Weekly lesson plans
- All teaching resources
- Assemblies
- Fulfils statutory Relationship and Health Education requirements
- Transforms school ethos
- Builds positive relationships
- Enables learning and achievement
- Nurtures mental health, resilience and self-regulation
- Supports safeguarding, personal development and positive behaviour
- Full assessment and monitoring process



Download
sample
materials

Jigsaw 3-11/12 is an original, highly acclaimed teaching and learning programme for Health and Well-being.

All aspects of Personal, Social Health Education (PSHE) and Social Emotional Learning (SEL) are covered in a progressive easy-to-use scheme, underpinned by mindfulness.

Jigsaw PSHE
special offer for schools
attending conference/training
10% discount
on Jigsaw materials
(3-11, 11-16).
Order through online shop
www.jigsawpshe.com
quote discount code EDRB42WJ019X
Sample materials FREE to download
from website (Does not apply to
Jigsaw friends, Jerrrie Cats,
Chimes or extras)

www.jigsawpshe.com

Digital
downloads
(hard copy
folders optional)
Payment
options

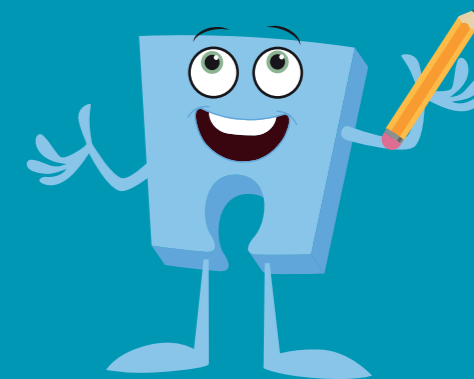
No annual
subscriptions
Training
available

Resilience-building

Ages
4-12

Jigsaw!

Jigsaw Resilience and Engagement
Scale and Toolkit

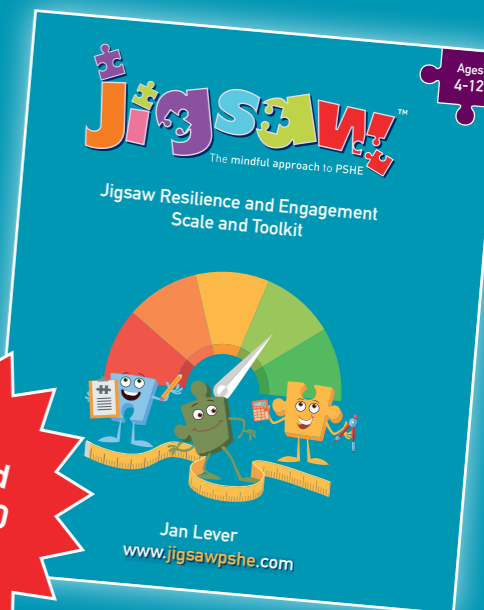


Knowing that resilience is key in helping children thrive and learn, Jigsaw REST provides an effective, easy-to-use screening and measurement tool in the form of the REST Scale. This comprises 10 descriptors, ingredients for resilience-building. REST then offers interventions to support the development of each descriptor and links these to the relevant activities in the Jigsaw PSHE Programme.

The R.E.S.T. includes:

- 2 training sessions for school staff (PowerPoints and trainer notes)
- Presentation and tips for parents/carers
- The Scale itself
- Moderation, tracking and record-keeping
- 2 assemblies (KS1 and KS2) explaining Resilience
- Creative, fun intervention activities for each of the 10 steps
- Interventions specific to each year group from ages 4 to 12
- Pupil self-assessment materials

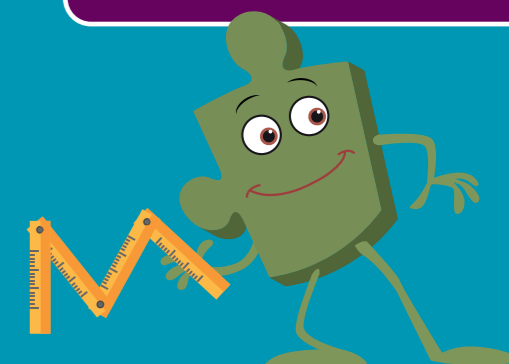
Digital
download
ONLY £100
plus VAT



Evidence
progress

R.E.S.T. benefits:

- Learning
- Emotional wellbeing
- Personal development
- Character-building
- Behaviour and attitude
- Confidence
- Independence
- Self-regulation





- Comprehensive coverage of PSHE
- Fulfils statutory RSE and Health Education
- Aligned to NCFE RSHE Levels 1 and 2 Awards
- Weekly lesson plans (PowerPoint format)
- All teaching resources included
- Flexible delivery model
- Summative assessment 'workbook' for each Puzzle (unit)

Develops:

- Physical and mental health and resilience
- Personal and social skills
- Mindfulness
- 'Employability skills'
- Positive, safe relationships
- Online awareness and safety

Jigsaw 11-16 is a comprehensive and flexible programme to build young people's knowledge, skills and values through a progressive, spiral curriculum that fulfils statutory requirements for RSE and Health Education in the context of a whole-school PSHE curriculum.

Underpinned by mindfulness, Jigsaw 11-16 focuses on key issues and big questions students face in a fast-changing world, and builds the skills required for the work-places of their futures.

Building strong and positive relationships with self and others is a key feature of the programme, as is understanding their place and agency in both local and global communities.



Jigsaw 11-16 endorsed programme for RSHE qualifications www.cache.org.uk/RSHE

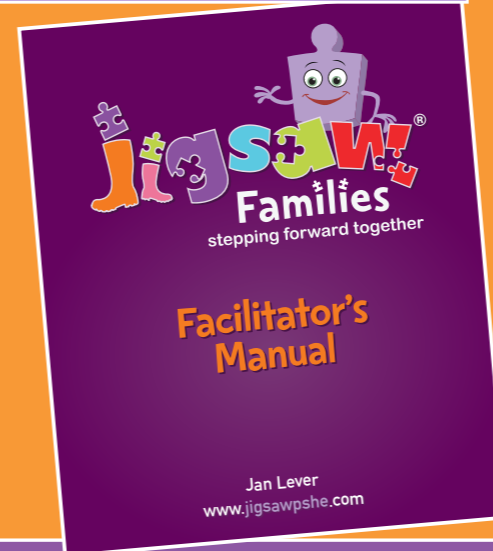
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FREE
 • Training materials
 • Online support



- Facilitator training and support
- 6-session programme
- Early years
- Ages 5-12

"Jigsaw Families taught me so much. It has transformed our family life." (Parent)

"My family is a team and we all work together." (Pupil)



Jigsaw Families
 The Jigsaw Families Programme supports families by giving them knowledge, skills and confidence to develop strong, lasting and loving attachment relationships that help children thrive. Jigsaw Families sessions provide a safe and non-threatening environment for children and their parents/carers to learn about themselves, their relationships, positive behaviour and communication; all through the medium of original audio stories and Jigsaw Jonty.

Jigsaw Families includes:

- Training and accreditation for your staff to deliver Jigsaw Families in your setting and ongoing mentor support
- Manuals and access to the Jigsaw Families website
- Facilitator support and accreditation
- Jigsaw Families session materials and resources

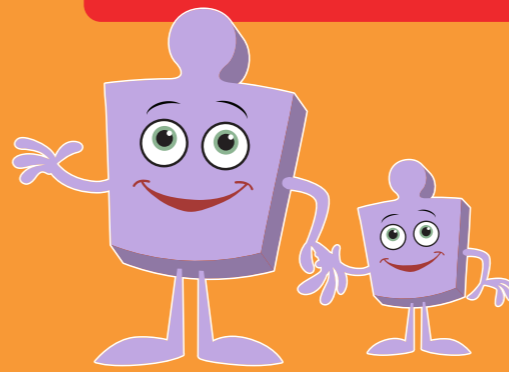
Please contact elaine@jigsawpshe.com to find out more.

"I am really enjoying working with the families. I was able to explore with parents how they can 'turn things around' and seeing those 'light bulb' moments happen in the sessions. There are such positive interactions between parent and child." (School Staff Member)

"I feel so much better knowing that other parents have similar issues. The group is very supportive and we learn from each other." (Parent)

"I have learned that I'm not the only one who has problems getting angry. We talked a lot about how to stay calm and helped one another." (Pupil)

"I need to try and help my Mum in the morning by being better behaved." (Pupil)



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