Sustrans JOIN THE MOVEMENT



Look out for what Sustrans are up to and offering Leicester schools this term including:

School Streets for safer, healthier drop offs and pick-ups. Sustrans has been working in partnership with Leicester City Council to help make dozens of school drop-off and pick-up areas more Covid secure. These measures are making it safer and healthier for children to walk, cycle, scoot and wheel to their schools. Children, parents and teachers tell us they love it!

- Assemblies and lessons delivered virtually or in person, curriculumlinked and on themes like 'The Benefits of Active Travel' and 'Be Bright Be Seen'. Get in touch if you'd like us to visit and deliver in your school online or in person.
- ✓ Bike to school day or week on a school by school basis. This is a great way to get children to try out healthier school journeys by bike, scooting or wheeling. Sustrans can support with all the resources needed; help children and staff plan safer active travel routes and deliver a celebratory assembly at the end of the week. We're pleased to say that one school has already booked one in ☺.
- ✓ Outdoor sessions on school grounds. Safety demos and curriculumlinked lessons if and when your school is ready.
- On-site sponsored bike rides and bike washes. Why not make use of the school grounds for some fun, active, healthy, outdoor, good citizenship? You can raise money for your school's chosen charity while keeping active.

We're here to support you 🙂

Contact Mel Gould or Anna Singleton, Sustrans School Cycle Officers to find out more <u>Mel.gould@sustrans.org.uk</u> or <u>anna.singleton@sustrans.org.uk</u>